



## Chilston Clinic Newsletter

Welcome to the first issue of our new Newsletter, designed to keep you up to date with new treatments and products available as well as information on events and special promotions. We have lots of exciting things to tell you about in our first issue but our biggest news is that we are the first Clinic in the South East, aside from the renowned Dr Rita Rakas M.B.B.S. in Knightsbridge to be able to offer the revolutionary Pellevé™ treatment (more information below). Due to amazing demand and outstanding results we are delighted to offer this new treatment and so we do hope to see you at our launch event on Thursday 9th December.

*Amanda Day*

### Skin Tip:

At this time of year low humidity in centrally heated offices and homes causes our skin to lose moisture quickly, giving rise to dry-skin conditions. Healthy skin contains between 10 and 20% water; neglect your skin and this can fall below 10%, leaving you looking and feeling grey. Rules for optimum skin health:

- Apply a good moisturiser to hydrate the skin (transdermal if possible)
- Increase your intake of EFAs (we recommend a Dannè supplement)
- Exfoliate regularly
- Place a bowl of water or a damp towel on or near a radiator to keep the air moist
- Drink plenty of water (six to eight glasses a day);
- Turn down your central heating during the day and off at night.

Don't forget you can also always come in and see us for a [free seasonal skin consultation.](#)

## Latest News

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### News Item 1

The Chilston Clinic Offers  
Pellevé Treatment

### News Item 2

Thursday 9th December 2010 -  
Pellevé Launch Party

### News Item 3

New Chilston Cherubs Product  
Range

## Featured Treatments

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### Pellevé

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## Latest News

### **The Chilston Clinic Offers Pellevé Treatment**

Pellevé is the newest FDA-cleared skin tightening procedure to safely and effectively treat facial wrinkles without surgery and the Chilston Clinic is delighted to be the first clinic in the South East to offer this innovative new treatment.

Recently reviewed by the Daily Mail journalist Amanda Plattell said, "The results are better than any treatment I've had before - and believe me I've had a few."



## Latest News

### Thursday 9th December 2010 - Pellevé Launch Party

Join us for a glass of festive mulled wine or Champagne and nibbles on Thursday 9th December anytime between 2pm-8pm to learn more about Pellevé and our new product range (perfect for Christmas presents).

It will be an opportunity to speak to our team of clinicians about any treatments, skin problems or seek general skin advice.

For clients wishing to book Pellevé treatments, an exclusive 50% discount will be applied if payment is made at the Pellevé launch party in person or over the telephone. (If the line is busy, please leave your name and number on the day we will honour the discount).

In addition we are delighted that Dr Terry Loong MBBS, MRCS and protégée of Dr Rita Rakus will also be at the Clinic from 6.30pm and will be available to carry out treatments and provide complimentary skincare consultations. Terry Loong has been working with the Chilton Clinic as well as top-clinics in Knightsbridge, London and around the UK. Registered with the General Medical Council. Dr Loong is renowned for her facial contouring work where she combines the use of dermal fillers and Botulinum toxin, to give a more 'natural' youthful appearance, which enhances the overall beauty of the face. With her gentle touch and artistic eye, Dr. Loong strives to provide the best advice, treatment and care for her clients.



## Latest News

### **New Chilston Cherubs Product Range**

The Clinic is proud to announce the introduction of Chilston Cherubs. This is a new range of luxury products that can be bought as a self treat or the perfect gift. Three products are available in time for Christmas and 2011 will see exciting introductions to the range.

Chilston Cherubs Scented Candles - a luxury range of soy based scented candles that burn for 50 hours. Available in four fragrances: orange & geranium, rosemary & mint, lavender & lime and sandalwood & spice they are environmentally friendly as they are made from 100% soy wax, with aromatherapy essential oils. Chilston Cherub Scented Candles are available at £10 each; however there will be an exclusive discount on Thursday 9th December.

Chilston Cherubs Headband - the stylish way to keep your face hair free when washing or using a treatment mask or applying makeup. Available in white, these extra wide, luxury towelling headbands, available at £4.95 each.

Chilston Cherubs Face Towels - For those who want to take one of these luxury face towels home you now can. Available in white at £2.50 each.

An exclusive discount will be available on all Chilston Cherub products on Thursday 9th December. Products bought on the day can be gift wrapped free.



## Featured Treatments



### Pellevé

Pellevé is the newest FDA-cleared skin tightening procedure to safely and effectively treat facial wrinkles without surgery. Using advanced radiowave technology, the Pellevé system precisely heats the deep layers of the skin without damaging the epidermis, or top layer. The heat causes the collagen in the skin to contract and tighten. After treatment, the skin begins to produce new collagen, which improves skin firmness. The result is a naturally refreshed appearance.



Unlike other skin tightening systems, Pellevé does not require anaesthetic. Pellevé can be used to treat the skin on the face, including the eye area, neck and décolletage. Many people start to see results after just one treatment, with lasting improvement in skin tightness and tone. Treatments take from 15 minutes to an hour depending on the area, allowing Pellevé to fit easily into busy schedules. Additionally using botox alongside Pellevé treatments delivers outstanding results, reduces the need for as many botox treatments and provides an unprecedented alternative to surgery. Pellevé treatments start from £600 per area.

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